



Postgraduate course for former ISARPAC/IPSICC students July 28 at 14.30 - August 1, 2026 after lunch

Theme: Working with relationships with couples and individuals

Lecturer: Deirdre Hayes, Msc Psychotherapy, Systemic Family Psychotherapist and Supervisor, DASS, CQSW, Reg FTAI, ICP, EAP, m:+353 863895777

Place: Løgstør Parkhotel, Toftebjerg alle, 9670 Løgstør

Price: Course fee 4.000 DKK, single room 5.750 DKK, Double room 3.750 DKK

Latest day for applying July 1, 2026

Course outline:

- Do you want to work with people in discussing their relationships but fearful of how to begin?
- Do you have individual clients who want to discuss their partner/spouse, but they don't come in?
- Do you want to develop skills to work with a couple?
- Are you interested in working with family relationships e.g., mother/daughter? Adult siblings? Blended families?
- Some theory from systemic approach and family systems
- Current models of couple therapy how they differ and how they are similar Gottman Couples Therapy; Emotionally Focused Couples

Therapy (attachment based by Sue Johnson) Developmental Model by Bader and Pearson

- *Video examples of work*
- *Direct role play in small groups so you get to practice specific scenarios.*
- *Some reading is required in advance of this course that will be sent to participants.*